



Newsletter Friday 22nd March 2019 @TowerbankPS www.towerbankprimary.wordpress.com



Many thanks to all the parents who contacted the school to authorise their child's attendance at the Climate Change Protest last Friday. A large number of children attended from Towerbank at this important event. Responsible Citizens and Effective Contributors.

We went on the climate march last Friday. We shouted "hey! Ho! Climate change has got to go." There were lots of people outside the parliament. We hope government will listen to us. Finn Lochhead P3



Red Nose Day also took place at Towerbank last Friday. Many children had noses painted rather than use a plastic one. So far Towerbank has raised an amazing £550.88



WWF's Earth Hour is a global annual event where hundreds of millions of people join forces by switching off their lights for one hour in support of action on climate change and sustainability.

The world's biggest landmarks, such as the Sydney Opera House, Empire State Building, the Eiffel Tower, Buckingham Palace and Edinburgh Castle, switch off lights as a visual display of their commitment. And you can switch off too.

At Towerbank we are celebrating Earth Hour a day early, by switching off all non-essential lights and electronics in the school between **11am and 12noon on Friday 29th of March**.

Families can join in with Earth Hour by switching off all non-essential lights and/or electronics at home or elsewhere **between 8:30-9:30 pm on Saturday, March 30th 2019**. Oh, and don't forget to tell people what you are doing! Use the Hashtags #TBEarthHour and #EarthHourUK to share a photo of your lights off moment. The best entries will feature in the newsletter!

The fun part is deciding what you're going to do for your hour of darkness! WWF have compiled a list of 60 things to do in the dark, which might give you some good ideas. Here are some of our favourites:

1. Have a **bonfire with friends and family** under the stars – or recreate indoors by toasting marshmallows by candlelight
2. Hold a **onesie party** with your friends!
3. Go **stargazing** if it's a clear night – remember to wrap up warm!
4. Go for a **moonlit walk** along the beach
5. Build a dark **den**
6. **Write a poem** inspired by nature
7. **Art in the dark** – see what masterpiece you end up with
8. **Read your favourite story** by torchlight!
9. Hold a **night-time dance class** or make-up your own routine
10. Pretend your **torch** is a lightsaber and 'use the force'

Towerbank Primary School – Ceiling Upgrade Works

On the week commencing the 1st of April 2019, a ceiling upgrade project will commence at Towerbank Primary School.

The works are programmed to continue through the Spring and Summer of 2019. As the works are to take place during term time, they will be completed on a room by room basis. This will mean that each class in the original building at Towerbank will be decanted one at a time from their existing classroom into a vacant room within the school. This process is anticipated to take approximately 1 week per room allowing the ceiling upgrade works to be completed before the classes can return to their respective permanent classrooms. This does not affect any classes in the TU, nursery or extension.

Towerbank Parents Group

Help needed:

- **Playspace lead needed:** Jo MacDonald is stepping down as Playspace lead and is looking for someone else to get involved. There is a core group of people who currently do various bits of work in the playground and wildlife garden who will continue to volunteer their time and energy. Jo would be more than happy to support anyone who is interested in getting involved. Please email jurcouf@hotmail.com or grab Jo in the playground to find out what's involved.

Dates for your diary:

- **Wednesday 3 April:** Next deadline for ordering school uniform. Order forms available from the office or online <https://towerbankprimary.wordpress.com/parentinfo/school-uniform-order-forms/>
- **Friday 10 May:** Last bake sale of the school year

If you need volunteers or have key dates you would like included in the TPG's weekly update, please email Alisonapayne@gmail.com



P2 have been making owls. They have been reading *The owl who was afraid of the dark*.

Primary 1 all wore odd socks to school to raise awareness on World Down Syndrome day. We discussed Down Syndrome designed our own odd socks and taught each other lots of different signs. Some favourites were cat, chocolate cake and dinosaur although there were many more.



Basketball team Silver Medalists - EPSSA Basketball Final

The standard was very high with players working extremely hard for their teams. Well done to all players and coaches.

Liberton Primary played Towerbank Primary in a very competitive Final winning 14- 6. They were awarded the Hope Trust Cup and gold medals. Towerbank Primary were awarded silver medals. Both teams will represent Edinburgh in an Inter Area Tournament in May. Congratulations!



Last week P3C shared their learning with family and friends.
This week it was the turn of P4A (below) who got all the audience dancing!



Anna Melvin (P6) and Mairi Melvin (P4) have just been awarded a purple belt at a recent grading competition of the Meadowbank Karate Group

BIG PEDAL 2019

Get set... we're taking part in Sustrans Big Pedal 2019, the UK's largest inter-school cycling, walking and scooting challenge. The challenge runs from 25 March to 5 April. It's free and we would love everyone to be involved.

The details

On each day of the challenge schools compete to see who can record the greatest number of pupils, staff **and parents** cycling, walking or scooting to school. You can let us know if you or whoever does the school run has cycled, walked or used a scooter by asking your child(ren) to tell their teacher every day.

It's a great way to get more of our pupils travelling actively to school and is a simple way to boost their physical and mental health.

Cycle, walk, scoot and snap to win family prizes

You and your family can also win prizes during Sustrans Big Pedal. Simply post a photo of you and your child cycling, walking or scooting to school on social media during the challenge using #BigPedalWin. To be in with a chance of winning, you'll need to follow Sustrans on Instagram [instagram.com/sustrans](https://www.instagram.com/sustrans), Twitter twitter.com/sustrans or Facebook facebook.com/Sustrans. Be sure to check the terms and conditions found on the Big Pedal website prior to entering the competition.

What's next?

All you need to do is encourage your child(ren) to cycle, walk or scoot to school on as many days as possible during the event, and join them on their way.

To help you prepare, Sustrans has developed a handy free guide packed with advice, games and challenges to help you have hassle-free cycle, walk or scoot to school.

For more information about the event go to www.bigpedal.org.uk. Enjoy the challenge!



P7 had a great trip to the Risk Factory this week, where they learned a lot of different strategies for staying safe in a range of scenarios. Here they are rescuing Andrew from the river!



On Saturday 16 March Isaac came first in his age category in a bouldering competition at Alien Bloc climbing centre in Leith. Bouldering is climbing on low routes without a rope. Isaac tackled 20 routes and completed 15 of them at the first attempt. He is pictured here with his brother Joe.



On Saturday I took part in a grading for my black tag in Tae kwon do. I had to remember my pattern and show this to my teacher. I will now move on to get my black belt.



P2 had a fantastic 'Active Fun Day' yesterday. We did relay races, circuit training and Sports Day style stations. The children all really enjoyed it and hopefully had a great sleep last night!



Thank you so much to Catherine Heymans for visiting P2 this week to teach them about stars. The children learned about the life cycle of a star and really enjoyed being mini astronomers.

