



Newsletter Friday 31st May 2019 @TowerbankPS www.towerbankprimary.wordpress.com

Welcome to Crispopher

We are James Charlie, Hannah, Zoe and Rowan from p6c and Alice and Amelie from P4.

In P6 we decided to do a survey of all of the litter our class take in to the playground in a whole week.

We noticed that we took 49 crisp packets out in to the playground each week. We were really worried that some of these crisp packets end up as plastic pollution in the sea as they get blown out of our bins.

This got us thinking about how many crisp packets the whole school produces in a year. Our rough estimate is 43,953 crisp packets.

We decided to work with the P4s, Mrs Udell and Mr Hepburn to create a crisp recycling bin.

His name is Crispopher and he has a lid so no crisp packets will blow in to the sea. This is saving the lives of many sea creatures.

Some of the P4s decorated Crispopher with posters they designed.

We send all the crisp packets away to Walkers to be recycled which is good for our seas.

They can be any brand of crisp.

You can save up crisp packets at home and bring them in to be recycled that would be great.

You can recycle at break time and lunch time. Thank you.





Leo P4 ran the kids 1.5km and Oscar P1 ran the kids 1k race in Holyrood Park at the weekend as part of emf. Both boys are very proud of their medals!

At the weekend, Bobby and Sandy took part in the EMF 5k and Ms Nelson did the half marathon. Despite the weather, we all had a fantastic time! Well done to everybody who took part.

Gracie Gollock from P3A ran the EMF 1.5KM race in Holyrood Park last Saturday. Her finish time was 7m 49s.



How We Can Support children at Towerbank with severe nut allergies?

There are several children at Towerbank with severe nut allergies, for some these are life-threatening.

We aim to keep Towerbank as nut free as possible to keep all children safe.

It can be challenging to remember to check snack & packed lunch ingredients, but also knowing which foods to avoid. The more obvious foods to avoid are:

- * Packets of Nuts.
- * Peanut Butter.
- * Nutella.
- * Almond Spread.

Other snacks and foods? Please take time to check the ingredients, all allergens are highlighted in **BOLD** or **CAPITAL LETTERS**.

- * Cereal & Nut Bars e.g. Granola, Nak'd, Nature Valley & Eat Natural.
- * Chocolate Bars or Sweets Containing Nuts - Snickers, Peanut M&Ms, Marzipan, Nougat.

Many foods now carry a '**May Contain Nuts/ Peanuts**' warning - these foods are fine to bring into school, but as with all foods these **should not be shared** with other children.

These food types do not have nuts in the recipe but may have been cross contaminated with nuts during the manufacturing process & so still carry a risk for those with allergies.

Remember a child allergic to nuts may have a sensitivity to one, a few or all of the following nuts:

- * Peanuts.
- * Almonds, Brazil Nuts, Cashews, Hazelnuts, Macadamias, Pecans, Pistachios & Walnuts.



Last week, P2B were lucky enough to see a show called "Small Wonders". In the show we were invited into Nanny Laci's house and got to see all the miniatures that she's made. We also got to join her and her daughter Bella for an adventure in a jungle. The show was: excellent, exciting, awesome, adventurous, fantastic, wonderful, cool, fun and spectacular! We highly recommend it to everyone!



The show inspired some of the class to make their own miniature scenes- here is Lucia's disco scene.



Joni and Finn in P2B ran the Children's Marathon on Saturday- Finn running the 1k and Joni running the 1.5 k. Well done both of you!

Towerbank After School Club – summer club activities and bookings

Team TASC is delighted to share the summer holiday club programme. The programme has weekly themes and offers a wide range of activities including a trip to breadshare, slime workshops, Harry potter days, yoga, amazing outings and much more. We really hope you all like it!

To view the full programme and book please visit the link below:

<http://tasc.towerbank.org.uk/holiday-club/>

Please note that our summer holiday club will take place in Portobello Community Centre (aka The Wash House), 3 Adelphi Grove. The rate for the holiday club is £29 for a full day (£14.5 for half day) per child per day. The closing date for applications is Thursday June 20th.

For more information please contact:

Lisa Robertson, Senior Playworker, tel: 07796597976, email: tascholiday@gmail.com

The Chess Club season ended with a nail-biting finish with a four-way tie for third place. This year's champion is Harry Blake (6b) with 7 out of 10, the silver medal goes to Arlo Marti (6c) with 6.5, and bronze medals for Alicia Sayers (6c), Bobby Smith (7a), Thomas Craik (7a) and Tom Saywell (6c), with 5 points each. The photo shows Harry with the championship cup and the other prizewinners – congratulations to everyone who took part and made it a good competition.



Towerbank Parents Group

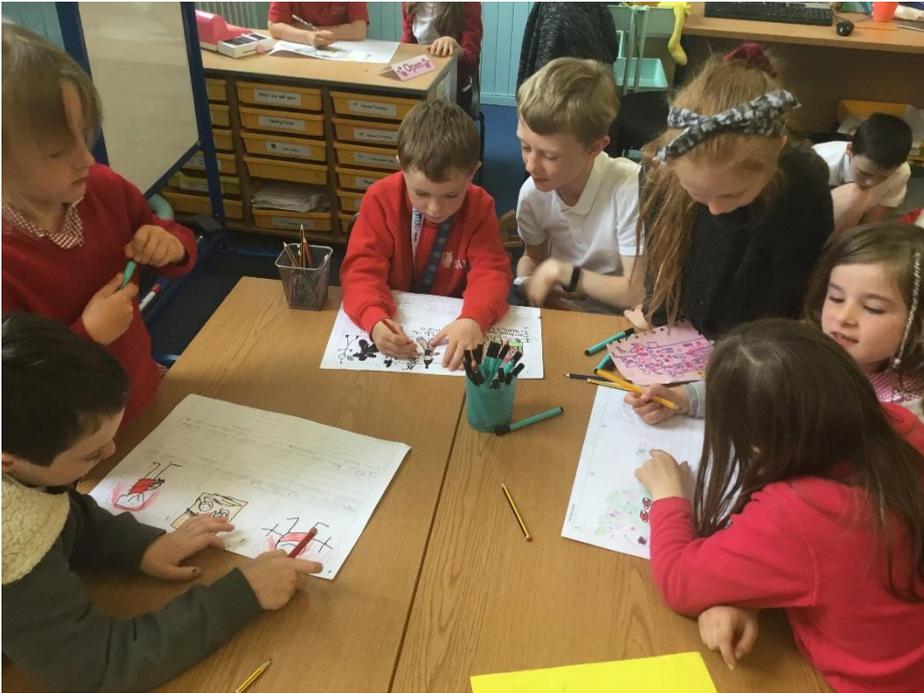
Help needed:

- **Library Friday Tidy:** The library team is operating a series of drop-in volunteer sessions on Fridays (31st May, 7th, 14th, & 21st June) to help organise the library. The sessions will run from 9am to 12.20. To find out more please email towerbanklibrarygroup@gmail.com.
- **Spring fair:** The spring fair will take place on Saturday 8th June in the school between 2 and 4pm and we need volunteers to help make it a success. There are a wide range of roles we need help with. If you think you could help please email towerbankschoolfairs@gmail.com
- **Fundraising Raffle:** After 5 years of helping with & running the Christmas Raffle Jo Spencely will be standing down. She is still able to help with this Christmas' raffle, but not without additional help. The Raffle has raised nearly £2,000 each year so it's a great contribution to the overall fundraising effort, but without new volunteers it can't carry on. The more people who get involved, the less everyone has to do! If you think you could help, email Jo to hear more jospencely@hotmail.com
- **2019/20 P5 football:** We hope to set up a P5 football team for the school year 2019-2020 and need parent volunteers. Previous experience football / coaching would be desirable but is by no means essential. If you are interested please email admin@towerbank.edin.sch.uk and your details will be sent to the current coaches.
- **Playspace lead needed:** There is a core group of people who currently do various bits of work in the playground and wildlife garden who will continue to volunteer their time and energy, but a new lead is needed. Jo MacDonald would be more than happy to support anyone who is interested in getting involved. Please email jsurcouf@hotmail.com to hear more.

Dates for your diary:

- **Friday 31st May:** The last TPG meeting of this academic year will be held between 9 and 10.30am on Friday 31st May. We're making this a daytime meeting in the hope that more people will be able to come. We know getting out in the evenings isn't easy with young children. All welcome!
- **Fridays 31st May, 7th, 14th & 21st June:** Library Tidy drop-in volunteer sessions. Please note the session on 31st May will begin after the TPG meeting.
- **Saturday 1st June:** Summer discos.
- **Saturday 8th June:** School summer fair 2-4pm.

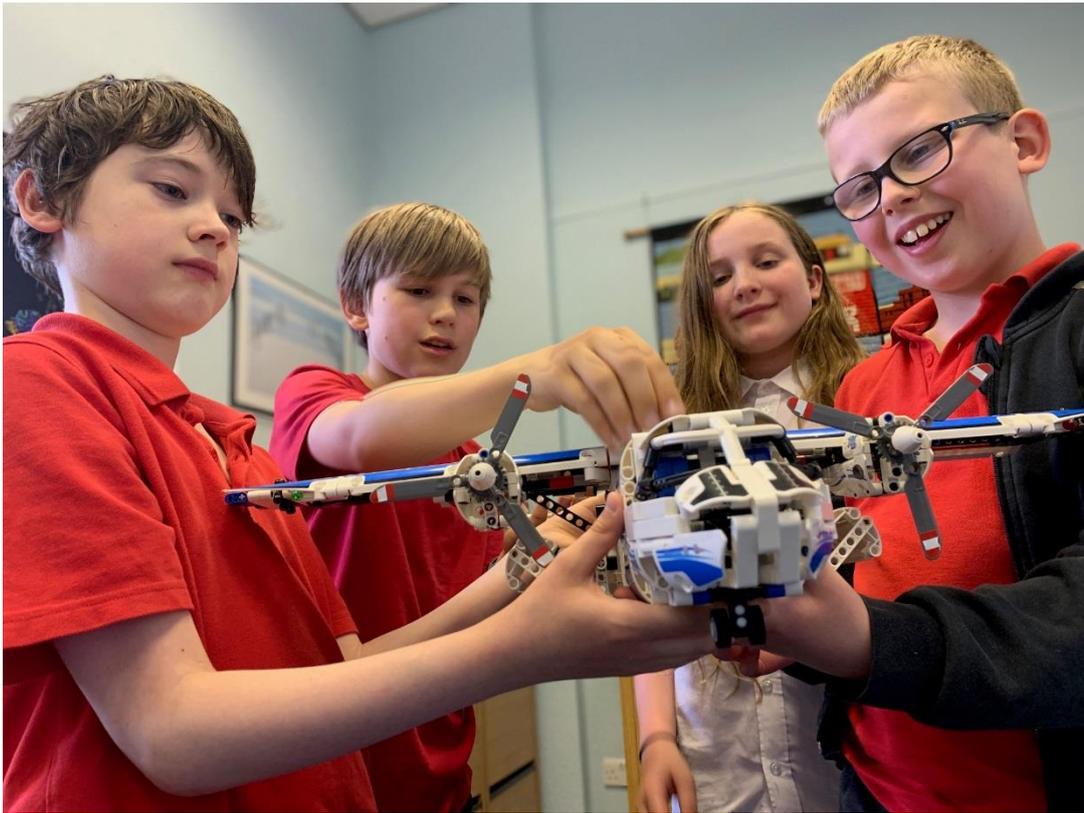
If you need volunteers or have key dates you would like included in the TPG's weekly update, please email Alisonapayne@gmail.com



P5A had lots of fun writing stories with our buddies from P1A. Some were imaginative and some were about real life. We drew fun cartoon pictures together.
Aaron and Oliver



All the P5 classes went to the National Museum of Scotland and went on a walking tour about Jacobite times. We saw lots of Jacobite artefacts such as weapons, pistols, muskets, targes and a big dress. We saw some ceremonial swords as well and they were very long. We got to try on some costumes. Some of us took notebooks and had fun jotting down ideas. We had lunch and it was very tasty. On the tour we saw parts of the old Flodden Wall. We saw some golden bricks on the cobbled streets to show where the old towers were. Robert, the tour guide, told us about a link to Hibs football team. Robert told us about the costumes, showed us some musket balls and told us some gory stories about Jacobite times. Charlotte, Tom, Mairead, Hamish, Lucy, Katie, Jo, Joe, Oscar, Lucas, Alexander and Kirsten



Some P6 pupils have spent the past month working at lunchtime to build this amazing lego plane. Outstanding cooperation and learning together.

Some of the Primary 4 girls enjoyed taking part in a football tournament at Portobello High School on Wednesday. The adults helping were so impressed with how well the girls showed respect to the other teams by shaking hands at the end of a game. The girls were so excited to see people from cluster schools.

A special thanks to the parent helpers.

